

## Is your family at risk of Child Safety involvement?

- ◆ Do you struggle getting your kids off to school on time?
- ◆ Are the kids hard to get to bed in the evening?
- ◆ Does a regular routine in your lives feel impossible?

The Aboriginal and/or Torres Strait Islander Family Wellbeing Service is here to help you improve your home life and create a positive routine for you and your kids.

We can help you and your family access a range of support services to get your family back on track to safely care for, and protect you kids at home.

Call us and one of our professional Aboriginal and/or Torres Strait Islander workers will visit your home and start helping you get back in control of your family life.

*Mamu Health Service Limited is committed to protecting your privacy. We ensure all Client Information is kept highly confidential, and only accessed by appropriate staff. If you would like to know more about our privacy policy please ask one of our staff for a copy of our Privacy Brochure.*

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**All families need help at some time.  
Whether you are a first time mum  
with a new born bub, or an older  
mother struggling with teenagers,  
we can help.**

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### Hours of Business

Monday—Friday  
8.30am—5.00pm

Mamu Health Service Limited  
23 Gladly Street, Innisfail

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## FAMILY WELLBEING SERVICE

*Babinda - Innisfail - Tully - Cardwell*

**Helping families stay  
Together**

The Aboriginal and/or Torres  
Strait Islander Family  
Wellbeing Service

Phone: 07 4061 5100  
fwbintake@mamuhsl.org.au

## Meet the Team...

### Team Leader

*Sandra Ambrum*

### Family Wellbeing Officers

*Jennifer Sewter*

*Carol Bligh*

*Michael Cameron*

*Narelle Forrester*

*"Be strong enough to stand alone. Smart enough to know when you need help, and brave enough to ask for it"*

### Our Family Wellbeing Team will support you to:

- ◇ Focus on the safety and protection of your children
- ◇ Discuss your family's situation; we understand that sometimes parents need a hand to care for their children safely at home, and we support your family to make the decisions.
- ◇ Make a decision about the type and level of support that maybe required for your family.
- ◇ Refer your family, if necessary, to partner agencies/services that will help you.

### We support any family:

- ◇ With an Aboriginal and/or Torres Strait Islander child from before birth to 18 years old.
- ◇ Currently or previously involved/or at risk of involvement with Child Safety.

### What can we do for your family?

If you are struggling with the job of raising your family we can help in a number of ways, by:

- ◇ Developing positive practical parenting skills.
- ◇ Building better relationships between family members, including help with violence at home.
- ◇ Improving budgeting and managing money.
- ◇ Managing alcohol, drug or gambling problems.
- ◇ Assisting with housing, healthcare, or other community or government services.
- ◇ Supporting school attendance.

